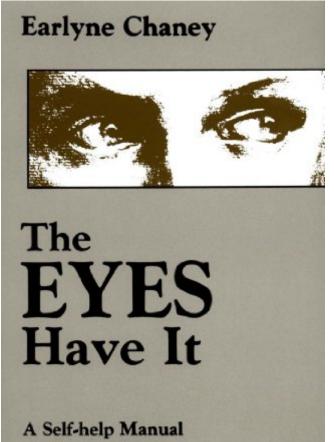
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# The Eyes Have It: A Self-Help Manual For Better Vision



for Better Vision



## Synopsis

Medically proven modalities for improving -- even saving -- eyesight. Includes complete step-by-step instructions and exercises using the Bates system plus holistic, herbalistic, folk, spiritual, and yogic techniques. Latest medical breakthroughs are included, as well as a discussion of the many daily things you can do to save your eyes.

### **Book Information**

File Size: 4709 KB Print Length: 178 pages Publisher: Weiser Books (April 1, 1987) Publication Date: April 1, 1987 Sold by: Â Digital Services LLC Language: English **ASIN: B009S8UA28** Text-to-Speech: Enabled X-Ray: Not Enabled Word Wise: Enabled Lending: Not Enabled Enhanced Typesetting: Enabled Best Sellers Rank: #887,516 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #115 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Diseases & Physical Ailments > Eye Problems #266 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Eve Problems #2463 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Alternative Medicine > Alternative Therapies

#### **Customer Reviews**

This is my 3rd copy. I have bought them for friends. I am 76 and do not need eyeglasses to read or sew. Just spend 5 mins. each morn. before getting out of bed. Simple, easy to do. Strengthens the eye muscle.

Excellent resources about eliminating eye problems & helpful NATURAL HERBAL ingredients & eye exercises for improving & having better eye vision. The book also came in excellent condition!!!

Excellent, did help my boyfriend tremedously. Well worth it

#### As described, many thanks!

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Exercises For Improving Peripheral Vision, Hand-Eye Coordination, and Tracking Ability (The 15 Minute Fix Book 14)

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